



Carlton L. Quarells **Psy.D.**

Carlton L. Quarells, Psy.D., is a Licensed Psychologist with expertise in the areas of psychological assessment and psychotherapy with children and adolescents. In terms of his training, Dr. Quarells is a graduate of Fisk University and received his Doctor of Psychology degree from Wright State University in Dayton, Ohio. Dr. Quarells has over fourteen years of experience in a wide variety of clinical and academic settings, specializing in the areas of learning disabilities and the treatment of Attention Deficit, Hyperactivity Disorder (ADHD) in children, adolescents, and adults. Dr. Quarells also has clinical interests in the treatment of anxiety and depression. In addition to his clinical practice, Dr. Quarells has training and experience in personal and career coaching. In his leisure time, Dr. Quarells enjoys golf and traveling.

With regard to his clinical training, Dr. Quarells was mentored by Dr. James E. Dobbins, Professor of Psychology at Wright State University. During his clinical training, Dr. Quarells worked with a violence prevention program and helped to develop a curriculum that would be used nationally in reducing the incidences of violence with youth populations. Subsequent to his work with this population, he furthered his training in Washington, D.C. as a pre-doctoral intern at Howard University Hospital. After completing his doctorate in 1991, Dr. Quarells remained in the nation's capital and worked in various public and private settings for ten years.

Since relocating to Atlanta approximately eight years ago, Dr. Quarells has since married and has two wonderful and beautiful children. During the transition of moving to Georgia, Dr. Quarells started developing his passion and interest in the sport of golf. Since starting the game eight years ago, Dr. Quarells has attained a single digit handicap and remains committed to integrating the best of psychology and mental game coaching. In this vein, Dr. Quarells has received individualized golf instruction through PGA professionals as well as instruction with the ESPN golf schools. Further, Dr. Quarells completed his initial training as a coach through the Mentor Coach, Inc. and looks forward to working with others in developing their mental approach in the sport of golf.