



Rachel Mitchum Elahee
Psy.D.

Dr. Rachel Mitchum Elahee is a licensed psychologist. She obtained her B.A. from Fisk University, M.A. from Cleveland State University and Doctoral degree from Wright State University. Additionally, Dr. Elahee is a Certified Diversity Professional.

Dr. Elahee provides Coaching and Mental Health workshops to corporate, government, and community, faith based audiences on topics such as life balance and management, positive psychology, parenting skills, abstinence, behavior disorders, juvenile delinquency, establishing mentally healthy workplaces, spiritual counseling skills, and relationships.

With formalized coaching training, diversity management experience, and clinical psychology expertise, Dr. Elahee has established a firm foundation for coaching motivated clients toward a life that increases zeal for life satisfaction and targeted success.

Dr. Elahee is a busy entrepreneur and mother of three small children. In her leisure, she enjoys reading, traveling, and adventurous activities. Dr. Elahee values and encourages family ties and healthy relationships in her own life as well as the lives of the clients that she works with.