



Nathaniel A. Wilson **Psy.D.**

Dr. Nathaniel Wilson obtained his Doctorate degree in Clinical Psychology from the University of Denver. With an emphasis on holistic care and optimal living, Dr. Wilson has developed a clinical practice on wellness for families, individuals, and couples in Atlanta. In addition to teaching graduate courses in psychology at an area university, Dr. Wilson's research work and specialty practice involves offering Ntu psychotherapy – an

Africentric approach to health and healing, which is based on the traditions of the Bantu people of West Africa.

As NTU focuses on the “essence” that defines who we are, the approach encourages us to realize that we are not separate from all we desire to positively experience and attract in our lives. Ntu principles assume that all could lead a harmonious, balanced, authentic life, with strong interpersonal ties and relations.

Dr. Nathaniel Wilson is a relational coach who specializes in improving the bonds and ties shared between individuals. As his practice includes coaching for partner relationships, couples, and family systems, Dr. Wilson has a specialty focused with working with adoptive parents and their children, parental conflicts with raising children, as well as with couples who desire to renew their commitment to each other.

Dr. Wilson has been in the field of mental health for over 10 years.