



**Irma Best**  
**Ph.D.**

Dr. Irma Best is a licensed psychologist and is in training to become a certified coach. She has created a thriving practice working with individuals, couples, and families for over twenty years.

Dr. Best specializes in helping people reach their desired career, personal and intimate relationship goals. She has special interests in working with executives, small business owners as well as individuals wanting to start their own businesses, career and life coaching. She has experience managing every aspect of her clinical practice including billing, marketing, scheduling, and collections. Her professional experience base is broad which prepares her well for her diverse coaching practice.

Dr. Best received her BS degree in Psychology from the University of South Carolina where she graduated Magna Cum Laude and Phi Beta Kappa. She received her Ph.D. from the University of North Carolina at Chapel Hill.